



## Youth Player Developmental Guidelines

How far and to what level players advance is based on talent, desire, environment and circumstances. As a club, the thing we have the most control over is the environment. It is Jabali Futbol Club's goal to create a player-centric program that both challenges and supports young athletes to be the best that they can be. Here's how:

1. Build a strong coaching team, with a head coach supported by position coaches (offense and defensive / goalkeeping), and coaching specialists (skills, agility, etc.). Coaches will collaborate to help both players and the team develop and improve.
2. Utilize positive, instructive feedback during practices and games to build understanding and recognize individual efforts to achieve. Set individual goals for progress - monitor and provide feedback.
3. Make the most of the time we have with players, by organizing (in advance) everything from practices and pre-game warm-ups to game plans. Make adjustments as necessary based on progress and results.
4. Build momentum throughout the season by improving agility and stamina and by teaching skills and tactics - testing these in competitive situations (in both practices and games).
5. Give players the mental space they need to create and test the skills and tactics that they are learning. Tell them 'what & why' and let them figure out 'how'.
6. Balance team goals with individual goals for growth and development. Building well-rounded soccer players is in the best interest of the team. Placing players in positions where they have the best chance to succeed builds confidence.
7. Communicate and collaborate with parents to make sure the environment we create is conducive to the developmental needs of each player. Help parents and players make decisions that are in their best interests for long-term development.